

QUINCYAN OF THE WEEK!



This week's Quincyan, John Stegeman has very deep roots in Quincy. Both of his parent's, Floyd "Bud" Stegeman and Mildred VandenBoom, Stegeman families go back to the earliest days of Quincy. John went to St. Francis grade school and graduated from Christian Brothers in 1962. He received his B.A. in 1966 from St. Mary's University and his Ph.D. from Northwestern University in 1972. John received an Honorary Doctorate from Gothenburg University in Sweden and is a Lifetime National Associate of the National Academy of Sciences.



John and his wife Elizabeth live on Cape Cod, Ma. where she is a travel agent and John works for Woods Hole Oceanographic Institution. WHOI is the largest, non-profit research and education institution doing research related to the oceans and life in the ocean. The group who found the Titanic were at this institution. John has lectured all around the world on molecular biology, biochemistry and toxicology.



When asked about favorite things to do, John mentioned visiting with friends around the world, singing with various choruses and at church, travel and wine. He added that his most fun time is spent with his family and says "Our grandson is truly a gem!" John & Elizabeth

are the proud parents of three children; Peter 33, Susan 31 and Joseph 28.

John told me about how wonderful it was to grow up in Quincy. As a child, his memories include going to Bernie's Dairy store for ice cream. Scout activities, including trips up the river, scout camp, mowing lawns, riding bikes all over the city and later swimming and golf kept him busy during the summer months. He says it was always a surprise to find out that some friend or other was a relative. Family Christmases and doing crazy things with friends in grade school and high school are some of his fondest memories.



"The best advice I was ever given? 'Decide what you want to do, and then do it,' from my grandfather, Frank Stegeman. And equal to that: 'Just be yourself, and things will turn out OK,' from my Dad." John heeded their advice and everything has turned out great.

John has lived in Cape Cod for over 40 years but still visits Quincy 3-4 times each year and says every visit is a non-stop stroll down memory lane. He does stay in touch with high school classmates through a blog.

If you see John during one of his visits to Quincy be sure and welcome him home. QuincyBuzz and Quincy are very proud John calls Quincy his hometown.